



RED ROAD INDIGENOUS WEST

PTE OYATE FAMILY RESOURCE NETWORK

332, THE ORANGE HUB, 10045-156 Street



















Edmonton, Alberta T5P 2P7

Telephone: 780 471 3220, Fax: 780 471 2750

July 2023

Office Hours: Mon - Thurs 9 AM – 4 PM, Fri 9 AM – 1 PM



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
<p>July 2 Alexis pow wow July 3 Office closed Emergency Social Services 780 644 5135 Dial 911 Emergency Services Dial 811 Health Dial 211 Information to Edmonton Services 24/7 Access 780 474 2424 Dial 311 for Homeless www.redroadjourney.ca SEE POSTER POW WOWS 2023 MOON GATHERING 7PM July 3, 2023 TIPI FIRST FLOOR</p>	<p>July 3 Office closed</p>	<p>4 SUMMER KIDCAMP 10 am-3 pm</p> <p>Catch Up Sewing 10-11 am</p> 	<p>5 SUMMER KIDS CAMP 10 am-3 pm WALKING THE GOOD RED ROAD NOONER @ ORANGE HUB 332 F Friends of Lois W OUTDOORS? GOODWILL 1:30 PM</p>	<p>6 SUMMER KIDS CAMP 10 am-3 pm FAMILY ARTS & CRAFTS 1 PM kiseh-NAPOW-iskotew Mens Time 6:30 pm CULTURAL CREATIONS 2 PM</p>	<p>7 GOOD GRIEF</p>  <p>EXERCISE 10-11 am</p> 	<p>EMBRACE</p> 
<p>9 MEDICINE PICKING</p> 	<p>10 WALKING THE GOOD RED ROAD NOONER @ ORANGE HUB 332 F Friends of Bill W FOOD 1:30 RM 131 CREATIONS 7 PM</p> 	<p>11 SUMMER KIDS CAMP 10 am-3 pm</p>  <p>EXERCISE 10-11 AM Positive Indigenous Parenting 1-3 PM CULTURAL CREATIONS 2 PM</p>	<p>12 TRG MEETING 9:30 AM ZOOM AND IN PERSON SUMMER KIDS CAMP 10 am-3 pm WALKING THE GOOD RED ROAD NOONER @ ORANGE HUB 332 F Friends of Lois W OUTDOORS?</p>	<p>13 EXERCISE 10-11 AM</p>  <p>SUMMER KIDS CAMP 10 am-3 pm kiseh-NAPOW-iskotew Mens Time 6:30 pm FAMILY ARTS & CRAFTS 1 PM CULTURAL CREATIONS 2 PM</p>	<p>14 Indigenous Films</p>  <p>11 AM</p> <p>Breathe Easy 7 pm</p>	<p>15</p>  <p>EMPOWER</p>
<p>16 Visioning</p> 	<p>17 WALKING THE GOOD RED ROAD NOONER @ ORANGE HUB 332 F Friends of Bill W OUTDOORS FOOD 1:30 RM 131 CREATIONS 7 PM RED ROAD FREE KDAYS TICKETS for July 24TH COMPLEMENTS 2ND Annual Indigenous Experience Hall E</p> 	<p>18 SUMMER KIDS CAMP 10 am-3 pm HUBBA & SPOKE MEETING 10 AM</p> <p>Positive Indigenous Parenting 1-3 PM CULTURAL CREATIONS 2 PM</p>	<p>19 SUMMER KIDS CAMP 10 am-3 pm WALKING THE GOOD RED ROAD NOONER @ ORANGE HUB 332 F Friends of Lois W OUTDOORS? EXERCISE 10-11 am</p> 	<p>20 SUMMER KIDS CAMP 10 am-3 pm Pancake Brunch Scuttlebutt 11 AM Parent & Emotional Regulation Workshop 1 pm kiseh-NAPOW-iskotew Mens Time 6:30 pm</p> 	<p>21 LAC ST ANNE PILGRIMAGE JULY 21-27 KDAYS PARADE Breathe Easy 7pm KDAYS 21-30</p>	<p>22 KDAYS 21-30 Virtual Opioid Dependency Support ONLINE</p>
<p>23/30</p>  <p>KDAYS 21-30</p>	<p>24/31 LAC ST ANNE PILGRIMAGE JULY 21-27 WALKING THE GOOD RED ROAD NOONER @ ORANGE HUB 332 F FOOD 1:30 RM 131 K DAY TIX CREATIONS 7 PM RED ROAD HAS KDAYS TICKETS -JUL 24TH Indigenous Experience Hall E</p>	<p>25</p>  <p>SUMMER KIDS CAMP 10 am-3 pm EXERCISE 10-11 AM</p> <p>Positive Indigenous Parenting 1-3 PM KDAYS 21-30</p>	<p>26 KDAYS 21-30 LAC ST ANNE PILGRIMAGE JULY 21-27 SUMMER KIDS CAMP 10 am-3 pm WALKING THE GOOD RED ROAD NOONER @ ORANGE HUB 332 F Friends of Lois W OUTDOORS</p>	<p>27 SUMMER KIDS CAMP 10 am-3 pm CULTURAL CREATIONS 2 PM LAC ST ANNE PILGRIMAGE JULY 21-27 KDAYS 21-30 kiseh-NAPOW-iskotew Mens Time 6:30 pm</p>	<p>28 KDAYS 21-30 ZOO AM</p>  <p>Breathe Easy 7 pm</p>	<p>29 KDAYS 21-30</p> 

Please drop in for coffee, read a newspaper, go through our referral binders, visit, use the telephone. All programs and services are free at Red Road, and transportation is provided for those attending programs. Counseling, specific referrals, resumes, home visitation is also available through appointments on a 'first come first serve' basis. Red Road programs of culture, self-esteem, literacy, tutoring, 'Baby Bonding', LONGHOUSE, Tobacco and Drug prevention are on-going throughout the year in the society's meeting rooms. Our 10 -12 week formal parenting and cultural programs run from September to December in the fall, and January to June in the winter. Please call ahead. In the summer, if an outdoor activity has been planned; such as horseback riding or picking herbs; and it is raining; we usually cancel. So it is always best to call ahead.

Song is the Breath of the Spirit that consecrates the act of LIFE !

Natalie Curtis, *The Indian Book*