

THE **RED** ROAD HEALING SOCIETY

Welcome to our
Summer newsletter!

We have moved to the
Orange Hub at #332
10045 156 Street
Edmonton, Alberta
T5P 2P7



Walking the Good Red Road

REMEMBER, RESTORE AND RENEW!

The Red Road Healing Society, works together to remember, restore, and renew our traditional roles and values as Indigenous people. We are accredited by the Canadian Accreditation Counsel,

We are now located in Edmonton's West-end in the Orange Hub at 332 10045-156 Street. See next page for phone and fax numbers.

That's right!! We have started a summer newsletter and calendars for The Red Road Healing Society. Please read and come in to enjoy summer programming, and services available. (Programming information is available within the newsletter.) Check calendars for dates and times.

Our calendar for the month of July, and August is available in this newsletter.

Summer Hours!

Our Summer hours start as of June 1st, 2018 until September 1st, 2018. We are open Monday to Thursday 9 30am to 4pm and Friday from 9am-1pm.

Back to school activities and supplies

Please come join The Red Road Healing Society and in partnership with Jasper Place Wellness Center on August 16, 2018 for pancakes, supplies, haircuts, makeovers, and clothing for back to school. Located outside (weather permitting) in front of The Orange Hub #332 10045-156 Street.

DO YOU HAVE QUESTIONS ABOUT WHERE YOU CAN GET HELP?

Don't be shy about needing help. There is much information about where and what there is out there to help you or someone you may know.

211 services and information in Edmonton

311 services and information in Alberta

780 644 5135 – Emergency Social Services

780 482 0222 – Adult Mental health Crisis Unit

780 413 4733 – Children's Mental Health Crisis Unit

1 800 668 6868(toll free) - Children's Help Phone

1 800 661 3446(toll free) - Children and Youth Advocate

If we are unable to provide a service you are looking for, we do referrals to various agencies throughout the Edmonton area as needed. Please come in and see what we have to offer.



Tap here to add a caption

Contact Us

Orange Hub, 10045-156 Street
Edmonton, Alberta
T5P 2P7
Phone: 780 471 3220, 780 471 3221
Fax: 780 471 2750
www.redroadjourney.ca

THERE ARE NO FEES FOR PROGRAMS AND SERVICES

There are no fees and everyone is welcome; to either partake in programs and services or simply drop in for coffee or tea. Daily newspapers, telephone, and referral binders are available. We must note that some services such as counselling, specific referrals, and home support are appointment only, and all services and programs are on a "first come, first serve" basis.

MUST BE REGISTERED AT THE RED ROAD HEALING SOCIETY FOR US TO PROVIDE SERVICES TO YOU

We would also like to thank those who volunteered and those who danced, drummed, as well as our Elders in our Memorial Pow Wow on June 21, 2018

Thank you very much, Mitakuye Oyasin for the help and the prayers

(pictures are inside newsletter)

The Red Road Healing Society People

Our Elders

Dorothy and Jim Battle
Wilson Bearhead
Sam Moves Camp
Will Campbell
Arvol Lookinghorse
Paula Horne Mullen
Sharon Pasula
Peggy Attatahak Richardson
Deanna Tootoosis Wuttunee

Our Staff

Clifford Pompana, Senior Elder & Senior Therapist, Veteran,
Reverend, Doctor
Michael McElroy, Financial
Joanne Pompana, Director, Juris Doctor, Mediator
Martha LeBlanc, Intake Worker, Trauma Informed Worker
Cecilia Cragg, Youth Intervention Worker, Certified Grief Counsellor,
B.A. Religious Studies
Tyrann Gregory, Reception, HF2
Josephine Beaver, Family Worker, RSW, BSW

Board Members

Heather Houle
James Johnston
Tammy Burns
Sonia Stanley
Dale Demas
Isis Gumbs, Quebec Board Member
Dwayne Nabess

Respectfully calling all sunka wakan riders, tokata, relatives and singers to join our circle in honor of our beautiful kungsi-unci...

4th Year Sunka Kan Honor Ride

Saturday, May 5, 2018, 9 a.m.



A Dakota kungsi's wish-prayer to strengthen our oyate will be honored as relative Arvol Looking Horse, Keeper of the Sacred Canupa, will lead us on a 2 mile walk-run-ride from **Crow Creek Tribal School** to the tipi circle 2 mile west on Highway 34.

“We shall be known by the tracks we leave.” Dakota Proverb,
Author Unknown.

Dakota Hunkpati Kungsi-Unci Society

Message from the Director

Mitakuye Oyasin! My relatives!

The other day I received a huge cardboard box in the post. I opened it, and it was FULL of cedar boughs. Someone we worked with years ago; (and who later became one of our relatives), had sent this cedar from Salt Spring Island. The first thought that came to my mind was 'my sisters the cedars' a phrase used in the *Haida* decision of the BCSC in 2005. Her and her husband had to cut down one of their cedar trees; and so, they were sending out the branches to those that have this relationship to the Earth.

Last month, my daughter and I were in Crow Creek, SD for a horse dance ceremony. This ceremony is being revitalized to build enthusiasm for our youth. It is not a solemn ceremony. It is a happy ceremony celebrating our relationship with the horse nation. With our horses of the four colors, coming from the four directions, galloping around the center tipi; protecting the sacred hoop of our people; the women, the pipe, and the big drum; we celebrate another aspect of our ceremonial cycle with the Earth.

I have thought about this a lot since we came back. For *many years*, we have spoke about Black Elk's vision; of our tree flowering for all races and nations; our sundance tree. Together with the ghost dance prophecy, (where the wasicu's will be gone and the buffalo will return if the people keep dancing). We believed that 1990 was the beginning of this spring time when the keeper of our sacred pipe went to South Africa; and he, and Gandhi's daughter, declared World Indigenous Peace and Prayer Day. We know as Indigenous People, we are the gatekeepers for all races and nations to come into balance with Mother Earth. However; we did not know exactly how this would play out. We knew we were to keep doing our ceremonies and praying with our pipes; however, *real change* did not seem to be on the horizon.

After being south and then north to an Indigenous Law Conference in Whitehorse, *where so much hope has been realized and in action*, I am seeing the return of the buffalo spirit for *all people*. That; in *our reconciling*, we have started the reconciliation everywhere. With reconciling our own truth, with the Creator of our understanding; with our Earth; with our families; with *all our relatives*; we are letting the world know that none of us can truly move forward, unless all of us begin this, *often painful*, individual and *collective reconciliation*. This is how we are gatekeepers as Indigenous People, we are not afraid to reconcile our wrongs *inside and outside* ourselves. Many are exhausted *in this process*; (its like *REALLY, NOW*, people are willing to listen and do something!) Many relatives we lost along the way...it was just *TOO HARD, TOO SORROWFUL*... Simultaneously, we have many young people grabbing onto to this 'tree of life that is flowering for all races and nations' *Hehaka Sapa*, making Black Elk's vision *a reality*. The fact that Black Elk is to be beatified this year; speaks volumes in our *collective* recovery and revitalization process as Indigenous peoples.

The Truth and Reconciliation Commission; TRC, has brought about the 'critical mass' requisite for our people to steward our reconciliation process; as individuals; as families; as agencies; and as communities. One of the Indigenous committees I sit on, seemed to really be stagnating last year. No one was really hearing anyone else; so finally, I just gave it up to the Creator; stopped trying to manage the issue; fix the deadlock. As time passed, this 7 year old committee, not only shifted forward; it opened the flood gates for change and renewal. In hindsight, I realized, we were witnessing each another, go through our own; (and on-going), reconciliation process; each with our unique pattern of relationship with Creator.

Red Road has come a LONG way; as has each of our members. Our Senior Elder, Senior Therapist, Reverend Doctor and Veteran, Clifford Pompana, spoke with Barbara Frum, (a CBC reporter), *in the seventies*, about looking into the fallout from residential schools; while simultaneously, sharing his sundance journey, and principled 'way of life', (despite his own obstacles and residential school experience), with the many who struggle daily with trauma induced crises. Today, our agency is in an Oasis for our people to reconcile; in a Hub of Orange fellowship. Next month, we are delighted to see Yellowhead Tribal College Education Program move in. We currently share space with Arts, Culture, Music, and Drama people, who are happily focused in the same direction.

The Indigenous Leadership Team (which The Red Road Healing Society is a member), is coalescing and fastening on creating more supports in the city to curb family violence; along with providing their other awesome resources such as; Ben Calf Robe's HUGE Annual Pow-Wow; to Boyle Street's new home for services, and on-going support of housing for our people; to Native Counselling Services 'carrying on' the Gladue Reports for our incarcerated; and maintaining Bear Paw Production learning tools; to Metis Child and Family Services tracking the Missing and Murdered Indigenous Women and providing Family Reunification Services; to the *on site* urban summer camps for our Indigenous Youth at Bent Arrow Traditional Healing Society; to Aboriginal Counselling Services providing *in depth* trauma and grief counseling; to the ongoing 60's scoop work and Dad's Matter Too agenda of the Creating Hope Society. *And we are just getting started!!*

We have everything to celebrate as Indigenous Peoples. Our spring time prophetically is here! Our tears and laughter are pouring out simultaneously with our reconciling.

AND; our sundance tree is flowering for all races and nations. Hehaka Sapa, Black Elk, is being immortalized! *Our people will live! In a good way, in a sacred way...for the generations to come!*

Mitakuye Oyasin.

Joanne Lethbridge Pompana

THE RED ROAD HEALING SOCIETY

Twenty five years ago, sundances were rare in the surrounding area of Edmonton.

Wasicu translates to 'those who take the fat of the land'; (not white; as in Hollywood). Hence; greedy people, greedy thinking, *that replaces* the concept of Mitakuye Oyasin; this 'wasicu' way of thinking, has become *unacceptable* worldwide.

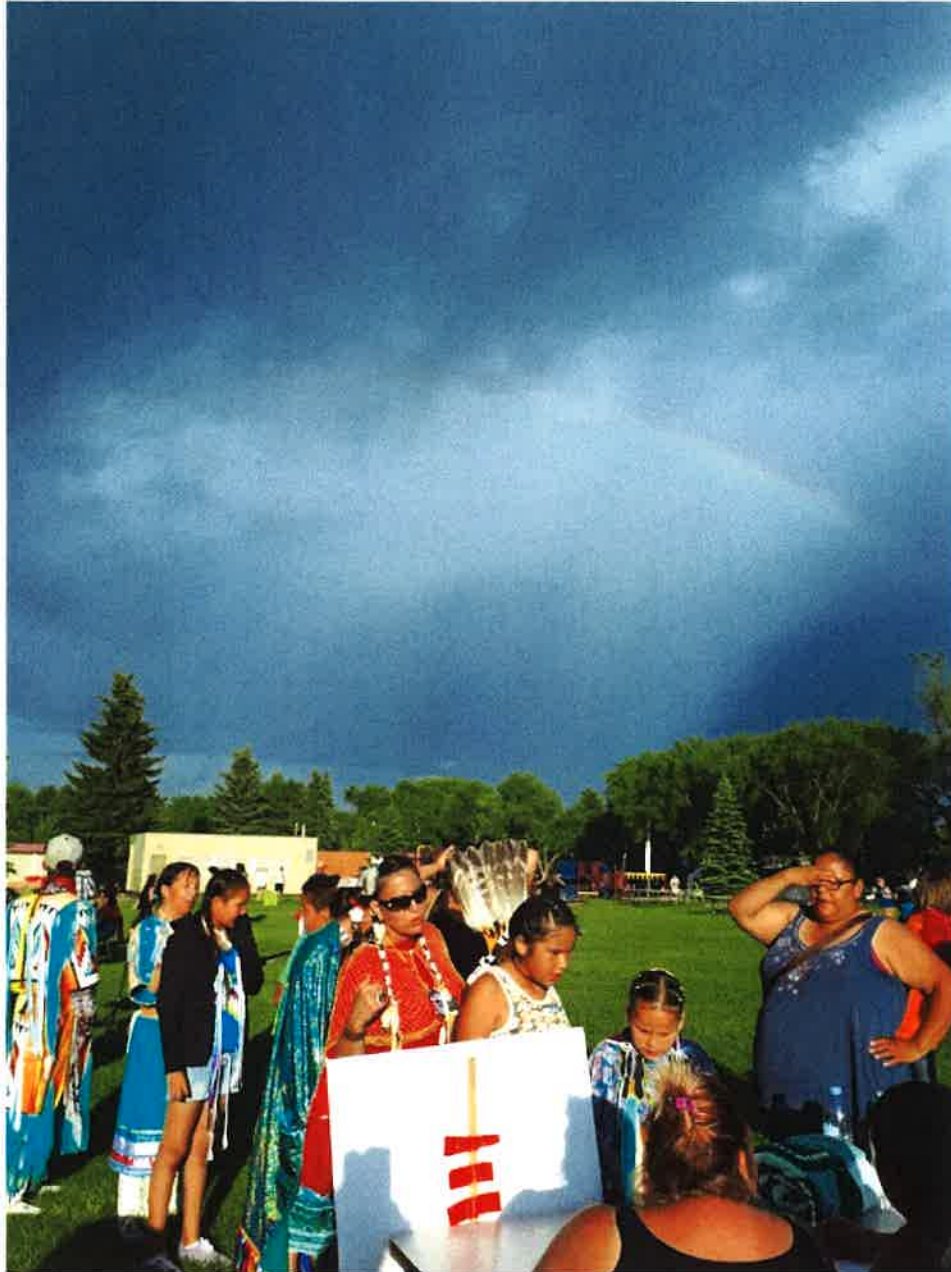
Clifford Pompana is a relative of Black Elk; and was blessed by him to 'carry the culture' when he was 9 years old in 1949.



























The Red Road Healing Society

ORANGE HUB, 332, 10045-156 Street
Edmonton, Alberta T5P 2P7
Telephone: 780 471 3220 Fax: 780 471 2750

July 2018

Office Hours: 9:30 AM - 4:00 PM Monday-Thursday, Friday 9:30 AM -1:00 PM



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	
1 CANADA DAY	2 Canada Day July 1, 2018 STAT HOLIDAY OFFICE CLOSED	3  EXERCISE AM KOFFEE KORNER AM	4 Walking the Good Red Road NOONER @ORANGE HUB 332 F NCSA SEMINAR PM	5 Sewing 		7 Maskwacis Pow-Wow	
8 Maskwacis Pow Wow The good Red & Blue days of the ceremonial cycle!	9 Walking the Good Red Road NOONER @ORANGE HUB 332 F FOOD 1 PM Rm 105	10 ZOO PICNIC 	11 Walking the Good Red Road NOONER @ORANGE HUB 332 F	12 Starblanket Grandparents Gathering Stories Tea and Bannock 1 PM 	13 DROP IN ACTIVITIES HF2 ENOCH POW WOW	14 ALEXIS POW WOW ENOCH POW WOW	
15 WOOD MOUNTAIN POW WOW ALEXIS POW WOW ENOCH POW WOW	16 Walking the Good Red Road NOONER @ORANGE HUB 332 F FOOD 1 PM Rm 105	17 FILM TIME 	18 Walking the Good Red Road NOONER @ORANGE HUB 332 F A Taste of Edmonton July 18-29	19 SWEETGRASS PICKING 	20 K DAYS PARADE 10 AM KAINAI POW WOW A Taste of Edmonton	21 KAINAI POW WOW K Days 20-29 LAC ST ANNE PILGRIMAGE JULY 21-26 2018	
22 K Days 20-29 LAC ST ANNE PILGRIMAGE JULY 21-26, 2018 A Taste of Edmonton July 18-29	23 K Days 20-29 Walking the Good Red Road NOONER @ORANGE HUB 332 F FOOD 1 PM Rm 105 LAC ST ANNE JULY 21-26, 2018	24 K Days 20-29, 2018 KOFFEE KORNER AM LAC ST ANNE PILGRIMAGE JULY 21-26, 2018 	25 K Days 20-29 Walking the Good Red Road NOONER @ORANGE HUB 332 F LAC ST ANNE PILGRIMAGE JULY 21-26, 2018	26 A Taste of Edmonton July 18-29 Red Road at Health and Wellness Event with Jasper Place Wellness @ Butler Park LAC ST ANNE PILGRIMAGE JULY 21-26, 2018	27 K Days 20-29 A Taste of Edmonton July 18-29 HF2	28 K Days 20-29 A Taste of Edmonton July 18-29	
29 K Days 20-29 A Taste of Edmonton July 18-29	30 Walking the Good Red Road NOONER @ORANGE HUB 332 F FOOD 1 PM Rm 105	31 Pancake Brunch 11 AM 	CANADA DAY 2018 Community Events Poster of different gatherings throughout the city is posted on the front door of Red Road and The Red Road Healing Society Facebook Link on RRHS web page. HERITAGE DAYS, August 4-6, 2018 and August 6, 2018 CIVIC HOLIDAY				
 www.redroadjourney.ca Emergency Social Services 780 644 5135 Dial 211 for information to Edmonton Services Dial 311 Information Alberta Mental Health Crisis Unit Adult 780 482.0222 Children 780 413 4733 Dial 911 Emergency Services							

Please drop in for coffee, read a newspaper, go through our referral binders, visit, use the telephone. All programs and services are free at Red Road, and childcare and transportation is provided for those attending programs. Counselling, specific referrals, resumes and home visitation is also available through appointments and usually on a 'first come first serve' basis. Red Road programs of culture, self esteem, literacy, tutoring, 'Baby, Think It Over', Tobacco and Drug prevention are going on throughout the year at various centers; as well as in the society's meeting rooms. Health For Two (HF2) is ongoing; however, best to call ahead. Our 10-12 week formal parenting and cultural programs run from September to December in the fall and January to April in the winter. In the summer we have 1-2 day workshops rather than weekly programs. CALL AHEAD OF TIME FOR EVENTS; IF IT IS RAINING, AN EVENT MAY BE CANCELLED!! IF IT IS +30 C OUR DOORS ARE CLOSED. See www.ammsa.com for pow wow schedule.

The beauty of the trees, the softness of the air, the fragrance of the grass, speaks to me. The summit of the mountain, the thunder of the sea, speaks to me. The strength of the fire, the taste of salmon, the trail of the sun, and the life that never goes away, they speak to me. And my heart soars. - Chief Dan George, Tselil-Waututh (1899 - 1981)




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August 2018

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f Emergency Social Services 780 644 5135 Dial 211 for information to Edmonton Services Mental Health Crisis Unit Adult 780 482.0222 Children 780 413 4733 Dial 911 Emergency Services	Emergency Social Services 780 644 5135 Dial 211 for information to Edmonton Services Mental Health Crisis Unit Adult 780 482.0222 Children 780 413 4733 Dial 911 Emergency Services	1 Walking The Good Red Road NOONER @ ORANGE HUB 332 F NCSA Seminar	2 Catch Up on Sewing 	3 Kamloopa Pow Wow	4 HERITAGE DAYS Kamloopa Pow Wow	5 HERITAGE DAYS COMPASSION Kamloopa Pow Wow	6 RED ROAD CLOSED CIVIC STAT HOLIDAY HERITAGE DAYS	7 ECLC SEMINAR 	8 Walking The Good Red Road NOONER @ ORANGE HUB 332 F Films 	9 EXERCISE KOFFEE KORNER FOLK FESTIVAL  Samson Pow Wow	10 GOOD GRIEF AM FOLK FESTIVAL Samson Pow Wow	11 Grandmother Gathering FOLK FESTIVAL Samson Pow Wow	12 FOLK FESTIVAL COMMUNITY Samson Pow Wow	13 Walking The Good Red Road NOONER @ORANGE HUB 332 F Summer walk and picnic!	14 EDMONTON SPACE SCIENCE CENTER 	15 Walking The Good Red Road NOONER @ORANGE HUB 332 F KOFFEE KORNER 	16 BACK TO SCHOOL ACTIVITIES HAIR CUTS MAKEOVERS CLOTHING SUPPLIES GOODIES PANCAKES BUTLER PARK 	17 HF2 POUNDMAKER LODGE TRADITIONAL POW WOW Fringe August 16-26	18 POUNDMAKER LODGE TRADITIONAL POW WOW Fringe August 16-26	19 POUNDMAKER LODGE TRADITIONAL POW WOW Fringe August 16-26	20 Walking The Good Red Road NOONER @ORANGE HUB 332 F Fringe August 16-26	21 Fringe August 16-26 	22 Walking The Good Red Road NOONER @ ORANGE HUB 332 F Fringe August 16-26	23 Drop In Activities 	24 HF2 Fringe August 16-26	25 	26 Starblanket Grandparents Stories Tea and Bannock 1 PM COMMITMENT Fringe	27 Walking The Good Red Road NOONER @ORANGE HUB 332 F	28 Collective Kitchen 1 PM FUSION CHURCH 	29 Walking The Good Red Road NOONER @ORANGE HUB 332 F	30 	31 LABOUR DAY WEEKEND MORLEY POW WOW 

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Walk softly, follow my footsteps 'til we meet at dawn. Stand quietly, let your lips give praise to the new sun

CHIEFDAN GEORGE

STARBLANKET GRANDMOTHER'S CIRCLE AND TEA



Let's keep our woman strong to keep leading the way

GOOD GRIEF



Want to learn about grief and grieving? Come learn with us.

CULTURAL CREATIONS



**Come join us in sewing paradise and find inspiration
Make a shawl, summer top, moss bag for baby, or a
ceremonial skirt**

(check dates on calendar for sewing days and times)

Health for Two

**The Health for Two program will be available Monday to
Thursday 930am-4pm and Friday 930am-1pm**



EXERCISE/KOFFEE CORNER



Let's go for a walk and enjoy our coffee afterwards.

COLLECTIVE KITCHEN



Come join us in cooking a meal for your dinner

EMERGENCY FOOD



Every Monday from 1pm to 3pm we give out food for those in need. Must be registered with The Red Road Healing Society

FILM TIME

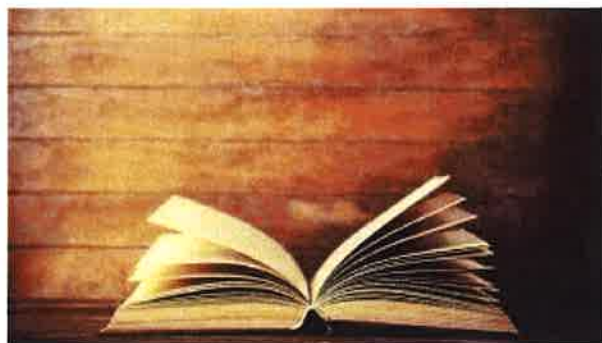


Come in and watch a film at The Red Road Healing Society.

July 17, 2018 1pm – 3pm

August 8, 2018 1pm – 3pm

“WALKING THE GOOD RED ROAD”



COME CHECK OUT OUR NOONER PROGRAM

**Alcoholics Anonymous MONDAY'S AND
Ala-non WEDNESDAY'S AT 12 NOON TO 1PM**

Coffee and tea will be available

COFFEE TIME AND DROP-IN ACTIVITIES



**Stop in for a coffee or tea and read the newspaper. Come in
and enjoy some activities with staff members**

BACK TO SCHOOL ACTIVITIES



**Come join us and help children go back to school.
Clothing, supplies, haircuts, goodies and pancakes available.
Must be registered with The Red Road Healing Society and is
first come first served basis.**

THURSDAY AUGUST 16, 2018

AT

THE RED ROAD HEALING SOCIETY

POW WOW LISTINGS IN ALBERTA, SASKATCHEWAN, MANITOBA

July 3,4,5 Red Pheasant Pow wow , near North Battleford SK
July 6,7,8 Whitebear Competition Pow wow, near Carlyle SK
July 6,7,8 Ermineskin Cree Nation Traditional Pow wow, Maskwacis AB
July 6,7,8 Alexis Nakota Sioux Competition Pow wow
July 10,11,12 Sapotaweyak Cree Nation Traditional Pow wow, SCN pow wow grounds , MB
July 13, 14 15 Enoch Cree Nation Competition Pow wow, near Edmonton AB.
July 13-15 Squamish Nation Youth Powwow, 100 Mathias Road, West Vancouver, B.C
July 13-15. Fort-A-La-Corne Traditional Pow-Wow, James Smith Cree Nation. SK
July 13-15 Kahkewistahaw Pow wow, near Broadview Sk
July 17, 18, 19 Peguis Competition Pow wow, Peguis MB
July 20, 21,22 Onion Lake Competition Pow wow, Onion Lake SK
July 20, 21, 22 Four Seasons Cultural Society pow-wow, Outma Sqilx'W Cultural School,
Penticton Indian Band Reserve, near Penticton BC
July 20,21,22 Carry the Kettle FN Pow wow, near Sintaluta SK
July 20-22 Kainai powwow ,Standoff, AB
July 20, 21,22 Dakota Oyate Wacipi, Sioux Valley MB
July 20, 21,22 Canim Lake Traditional pow wow, Canim Lake BC
July 21, 22 One Arrow FN Traditional Pow wow near Rosthern SK
July 21, 22 Rolling River First Nation Traditional pow wow, MB
July 27, 28, 29 Q'uwutsan Intertribal Pow wow, Duncan BC
July 27-29th Tsuu t'ina Competition powwow, 5 km east of Bragg Creek on highway 22, AB.
July 27-28-29 Thunderchild powwow, Near Turtleford SK
July 27,28,29 Beardys & Okemasis Traditional Pow Wow, Duck lake SK
July 31,Aug1,2 Fisher River Competition Pow wow, Fisher River MB

August 3,4,5 Kehewin Annual Competition Pow wow, Kehewin AB
August 3,4,5 Kamloopa Competition Pow wow, Kamloops BC
August 3,4 5 Touchwood Agency, Kawacatoose Competition pow wow, near Raymore SK
August 3,4,5 Way Wayseecappo Traditional Pow wow, near Russel MB
August 3,4,5 Long Plain FN Competition Pow wow Long Plain MB
Aug 3,4,5 Piikani FN Competition Pow wow , Piikani FN, AB
August 4, 5 Muskoday Cree Nation Traditional Pow wow, near Prince Albert SK
August 8,9 Peepeekisis Traditional powwow
August 9-12 Samson Cree Nation Pow wow, Maskwacis AB
August 10,11,12 Driftpile Competition Pow wow, Driftpile AB
August 10-12 Waterhen Lake First Nation Traditional pow wow, Waterhen lake, SK
August 10,11,12 Norway House Competition Pow wow, Norway House MB
August 10,11,12 Skwlax Competition Pow wow , Chase, BC
August 14, 15,16 Cowessess Traditional Pow wow,15km north of Broadview SK
August 17, 18,19 Moosomin Competition pow wow, near Cochin SK
August 24,25,26 Frog Lake Competition Pow wow, Frog Lake AB
August 24,25,26 Ochapowace First Nation Pow wow