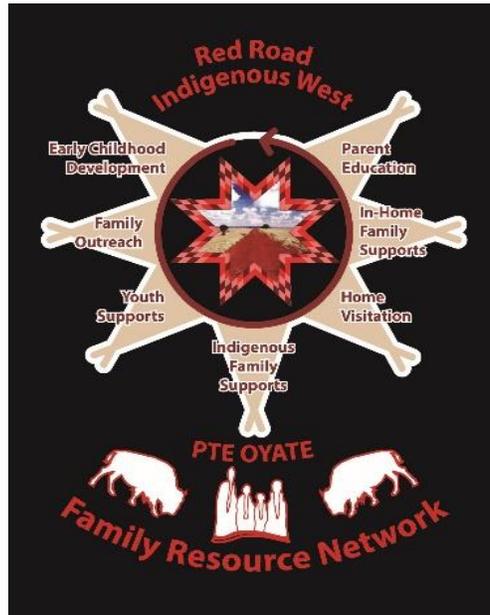


RED ROAD INDIGENOUS WEST PTE OYATE FAMILY RESOURCE NETWORK



HUB & 7 SPOKES OF SERVICE

- EARLY CHILDHOOD DEVELOPMENT RR
- HOME VISITATION BCR RR
- INDIGENOUS FAMILY SUPPORTS RR FF
- IN HOME FAMILY SUPPORT MCFS RR
- OUTREACH RR
- PARENT EDUCATION RR
- YOUTH SUPORTS BA RR

PREAMBLE

The RED ROAD INDIGENOUS WEST PTE OYATE FAMILY RESOURCE NETWORK (RRIW PO FRN) is dedicated to:

1. strengthening and building purposeful practices; based on strong Indigenous cultural frameworks, that include: responsive Indigenous service delivery; evidence based, informed, and supported Indigenous practices; effective Indigenous and non-Indigenous collaborations; and well researched tools, policies, programs and training; in order to, support the achievement of optimal outcomes for all Alberta’s Indigenous and non-Indigenous children, youth and families; and,
2. the promotion of healthy Indigenous families; whereupon, the focus, is on *true* prevention and early intervention practices that are applicable and available; such as elimination of identifiable risk factors; while simultaneously, enhancing the protective factors that build resiliency; when maltreatment is suspect for any child, youth and/or family; and,
3. promoting the positive experiences in the early years of life; so as to create a foundation for strong and healthy Indigenous children, youth and families;

who, with a healthy start in life, are more likely to thrive into an adulthood, that further encourages development of generational well being, generational resiliency and generational *knowing*. RRIW PO FRN (previously the RRHS), has been delivering services to the *three core service delivery domains* of ACS¹:

- i. Child development and well-being supports;
- ii. Caregiver capacity building supports; and
- iii. Social connections and supports;

since its inception.

¹ Alberta Children’s Services

Specifically; the RRIW PO FRN has organized the 3 core service delivery domains into the 7 spokes of service as follows:



EARLY CHILDHOOD DEVELOPMENT is a Red Road **RR** Spoke service on location with the Red Road Indigenous West Hub in the City of Edmonton's THE ORANGE HUB (TOH) 332, 10045-156 Street, Edmonton, AB T5P 2P7. EARLY CHILDHOOD DEVELOPMENT Indigenous spoke services consist of Baby Bonding, Rhyming, Ages and Stages, Nipissing Assessments, Health For Two, *Ceremony*, Moss Bags, Baby Blankets and Moccasins, Cradleboards, Piccolo Parenting, Positive Indian Parenting, Triple P Parenting and Longhouse Family Night. These services are measured directly in the Child Development Domain. AND; the program tends to be targeted; though at times it can be intensive.



FAMILY OUTREACH is also a Red Road **RR** Spoke service on location with the Red Road Indigenous West Hub in the City of Edmonton's THE ORANGE HUB (TOH) 332, 10045-156 Street, Edmonton, AB, T5P 2P7. FAMILY OUTREACH Indigenous spoke services is an on-going outreach spoke service as Indigenous parents and children participate in programming separately and together. Currently in TOH, a family can start at Red Road and branch over to a film agency, get child daycare services at the West Edmonton Family Resource Network Hub, get enrolled at Yellowhead Tribal College Education Programs or The Learning Center on the same day; come back for a Nooner (where they hear about more social connections and supports for wellness), then work on a starblanket in the afternoon and possibly go to an annual Indigenous gathering that evening. Outreach also consists of drives, food delivery during Covid, getting moved, having legal support, getting online, getting referrals, filling out applications, getting references and letters of support, getting notarization, attending counselling and therapy, speaking with an Elder, attending ceremony...though not necessarily in that order. Generally, these services are measured directly in the Social Connections and Supports Domain; though it also significantly touches the Caregiver Capacity and Building Supports Domain and the Child Development Domain. AND; the program tends to be universal and targeted; though at times can be intensive.



HOME VISITATION is a Spoke Service provided by Ben Calf Robe **BCR** to Red Road **RR** where a family with children aged 0-6 years old can have visits from skilled social workers or equitable practitioners. With the pandemic, this has been tricky; sometimes practitioners are meeting parent(s) outside to see what are the family needs. Generally, the visitors provide the EARLY CHILD DEVELOPMENT and FAMILY OUTREACH support described above and the PARENT EDUCATION support described below. This support is generally for families who cannot get around easily; either with so many children, disabilities or a combination of barriers. This spoke is often targeted and intensive; and falls under all three domains; Social Connections and Supports Domain; the Child Development Domain; though most often, categorically, the services are classified under Caregiver Capacity and Building Supports Domain. Red Road **RR** makes a referral to Ben Calf Robe **BCR** when a family is requesting this service upon registration at Red Road **RR** Hub.



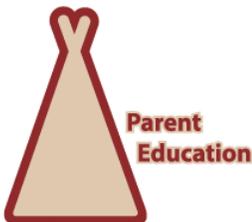
IN HOME FAMILY SUPPORTS is a Spoke Service provided by Metis Child & Family Services **MCFS** to Red Road **RR** where a family with children can have 'in home supports' from skilled social workers or equitable practitioners. As with HOME VISITS above, with the pandemic, this has been tricky; sometimes meeting parent(s) some other way than in the home to see what are the family needs. Generally, the visitors provide the EARLY CHILD DEVELOPMENT

and FAMILY OUTREACH support described above in the HOME VISITS; and the PARENT EDUCATION support described below. This support is generally for families who cannot get around easily; either with so many children, disabilities or a combination of barriers. This spoke is often targeted and intensive; and falls under all three domains; Social Connections and Supports Domain; the Child Development Domain; though most often, categorically, the services are classified under Caregiver Capacity and Building Supports Domain. Red Road **RR** makes a referral to Metis Child & Family Services **MCFS**, when a family is requesting this service upon registration at Red Road **RR** Hub.



INDIGENOUS FAMILY SUPPORTS is a Red Road **RR** Spoke service provided to Family Futures **FF** at their Summer Side location in Southwest Edmonton. **INDIGENOUS FAMILY SUPPORTS IFS** Indigenous spoke services is an on-going outreach spoke service as Indigenous parents and children participate in programming separately and together. EARLY CHILD DEVELOPMENT and FAMILY OUTREACH support described above; and the PARENT EDUCATION support described below is part of this service at the Family Futures location. This support is generally for families who can get to a community center with their children. This spoke is often universal though can be targeted; though

at times can be intensive; and falls under all three domains; Social Connections and Supports Domain; the Child Development Domain; though most often, categorically, the services are classified under Caregiver Capacity and Building Supports Domain. IFS also consists of drives, food delivery during Covid, getting moved, having legal support, getting online, getting referrals, filling out applications, getting references and letters of support, getting notarization, attending counselling and therapy, speaking with an Elder, attending ceremony...though not necessarily in that order. Red Road **RR** Spoke service is provided to Family Futures **FF** when a family is requesting this service upon registration at Family Futures **FF** Hub.



PARENT EDUCATION is a Red Road **RR** Spoke service on location with the Red Road Indigenous West Hub in the City of Edmonton's THE ORANGE HUB (TOH) 332, 10045-156 Street, Edmonton, AB T5P 2P7. PARENT EDUCATION Indigenous spoke services consists of EARLY CHILDHOOD DEVELOPMENT including Baby Bonding, Rhyming, Ages and Stages, Nipissing Assessments, Health For Two, *Ceremony*, Moss Bags, Baby Blankets and Moccasins, Cradleboards, Piccolo Parenting, Positive Indian Parenting, Triple P Parenting; and Longhouse Family Night; whereupon the Caregiver Capacity Building domain supports

the parent(s) protective factors in the home; and reduces risk factors through various programs every week described in EARLY CHILDHOOD DEVELOPMENT and FAMILY OUTREACH such as; Literacy, Starblanket Construction, *Ceremony*, Home Visitation, Indigenous Therapeutic Sewing and Crafting, Regalia Making, Drum Making, Nooners and Sharing Circles.



YOUTH SUPPORT is a Spoke Service provided by Bent Arrow **BA** to Red Road **RR** where a youth has registered at the Red Road **RR** Hub; and subsequently Red Road **RR** Hub has referred the service to Bent Arrow **BA** youth program. With the pandemic, most of the youth programs have been online; however, there has been a lot of meeting with youth collaborators such as the Edmonton Youth Coordinated Response who are looking for a place to have youth drop in. Maybe this will be at TOH. The transformative reconciliation gathering we are working on is to have a strong youth component. Once herd immunity

has been reached then summer activities for youth will be available like: building Dene Drums, Elder sharings, building electric guitars, vision boards, volunteering, field trips, gardening and preparing for the gathering this autumn. Social Connections and Supports is the on-going service domain within this spoke. AND; its universal, targeted and more rarely intensive.

Service delivery spokes are flexible, responsive, and contextualized to the unique needs of the Indigenous community and individual users. Through our location at TOH, this type of hub and spoke service is already in place. Clear roles of effective spoke collaborations with specific legal responsibilities are necessary in any partnership; however, with formal spoke collaborations, the specifics may be more detailed. The RRIW PO FRN is responsible for *all outcomes* of the Hub and Spoke activities and services; that is, Red Road **RR** monitors and reports to the Family Resource Network; as well as, establishing a Family Resource Network approach that respects and reflects the culture, language and spirituality of the people they serve. That is; Indigenous children, youth and families have access to culturally rooted promotion, prevention and early intervention programs and services that reflect the unique experiences of Indigenous people within the context of their families and communities.

Red Road has established a Family Resource Network approach that reflects, recognizes and respects the unique experiences and perspectives of diverse language, culture and religion. Services and programs promote inclusive practice, that is responsive to the needs of all users; whereupon, diversity is; acknowledged, promoted and respected.

Red Road ensures that the Family Resource Network approach offers a continuum of prevention and early intervention services that are universal, targeted, and intensive programs as defined by ACS. AND; while supports and services are available to all children, youth and families; the intensity of services is proportionate and responsive to the degree and level of parenting needs within the community. The focus generally on those of Alberta's most vulnerable; infants, children, youth and families.

In summation, Red Road provides multiple intervention and prevention services that are universal, targeted and intensive; that encompass the 3 core service delivery domains; and specifically, in TOH, their approach respects and reflects the culture, language and spirituality of the people they serve. That is; Indigenous children, youth and families have access to culturally rooted promotion, prevention and early intervention programs and services that reflect the unique experiences of Indigenous people within the context of their families and communities. Our Red Road people have gone on to be youth workers, therapists, emergency workers, psychologists, electrical engineers, environmental stewards, lawyers and Chiefs.